



Présentation

[Consulter la page du Master 1 sur le site de l'Université Paris-Saclay](#)

[Consulter la page du Master 2 sur le site de l'Université Paris-Saclay](#)

Lieu d'apprentissage principal : Université d'Evry-Val-d'Essonne

Programme

M1 PAEH Physical Activity, Exercise and Health

Semestre 1

- Physical activity, Health and disease 1	19 ECTS
- Physical Activity and Health Interventions	6 ECTS
- Exercise Physiology 1	5 ECTS
- Physical Activity and Disease	8 ECTS
- Materials and Methods for Exercise and Health	9 ECTS
- Materials and methods For exercise and health	9 ECTS

Semestre 2

- Physical activity, Health and disease 2	8 ECTS
- Exercise Physiology 2	8 ECTS
- Research and professionnall Interaction	4 ECTS
- Research and Professional Interaction	4 ECTS
- Internship	20 ECTS
- Internship	20 ECTS

M2 PAEH Physical Activity, Exercise and Health

Semestre 3

- Physical activity, health and disease	13 ECTS
- Physical activity and disease	9 ECTS
- Physical activity and health interventions	4 ECTS
- Research and professional interaction	6 ECTS
- Research and professional interaction	6 ECTS
- Material and methods for exercise and health	8 ECTS
- Material and methods for exercise and health	8 ECTS

Semestre 4

- Project development	3 ECTS
- Project development	3 ECTS
- Internship	30 ECTS
- Internship	30 ECTS