

# PAEH Physical Activity, Exercise and Health

## labelisation

Diplôme national de l'Enseignement Supérieur

- ▶ formation initiale
- ▶ formation continue

Durée : 2 ans

## Présentation

[Consulter la page du Master 1 sur le site de l'Université Paris-Saclay](#)

[Consulter la page du Master 2 sur le site de l'Université Paris-Saclay](#)

**Lieu d'apprentissage principal : Université d'Evry-Val-d'Essonne**

## Programme

### Moyenne générale

#### Semestre 1

- Physical activity, Health and disease 1	19 ECTS
- Physical Activity and Health Interventions	6 ECTS
- Exercice Physiology 1	5 ECTS
- Physical Activity and Disease	8 ECTS
- Materials and Methods for Exercice and Health	9 ECTS
- Materials and methods For exercice and health	9 ECTS

#### Semestre 2

- Physical activity, Health and disease 2	8 ECTS
- Exercice Physiology 2	8 ECTS
- Research and professionnal Interaction	4 ECTS
- Research and Professional Interaction	4 ECTS
- Internship	20 ECTS
- Internship	20 ECTS

#### Semestre 1

- Physical activity, Health and disease	28 ECTS
- Physical Activity and Health Interventions	6 ECTS
- Exercice Physiology 1	5 ECTS
- Physical Activity and Disease	8 ECTS
- Materials and methods For exercice and health	9 ECTS

#### Semestre 2

- Exercise, Health and Research	12 ECTS
- Research and Professional Interaction	4 ECTS
- Exercice Physiology 2	8 ECTS
- Internship	20 ECTS
- Internship	20 ECTS

### Moyenne générale

#### Semestre 3

- Physical activity, health and disease	13 ECTS
- Physical activity and disease	9 ECTS

- Physical activity and health interventions	4 ECTS
- Research and professional interaction	6 ECTS
- Research and professional interaction	6 ECTS
- Material and methods for exercise and health	8 ECTS
- Material and methods for exercise and health	8 ECTS

#### Semestre 4

- Project development	3 ECTS
- Project development	3 ECTS
- Internship	30 ECTS
- Internship	30 ECTS

#### Semestre 4

- Internship and Project Development	33 ECTS
- Project development	3 ECTS
- Internship	30 ECTS

#### Semestre 3

- Exercise, Health and Research	14 ECTS
- Material and methods for exercise and health	8 ECTS
- Research and professional interaction	6 ECTS
- Physical activity, health and disease	13 ECTS
- Physical activity and disease	9 ECTS
- Physical activity and health interventions	4 ECTS