

PAEH Physical Activity, Exercise and Health

labelisation

Diplôme national de l'Enseignement Supérieur

- ▶ formation initiale
- ▶ formation continue

Durée : 2 ans

Présentation

[Consulter la page du Master 1 sur le site de l'Université Paris-Saclay](#)

[Consulter la page du Master 2 sur le site de l'Université Paris-Saclay](#)

Lieu d'apprentissage principal : Université d'Evry-Val-d'Essonne

Programme

Moyenne générale

Semestre 1

| | |
|---|---------|
| - Physical activity, Health and disease 1 | 19 ECTS |
| - Physical Activity and Health Interventions | 6 ECTS |
| - Exercice Physiology 1 | 5 ECTS |
| - Physical Activity and Disease | 8 ECTS |
| - Materials and Methods for Exercice and Health | 9 ECTS |
| - Materials and methods For exercice and health | 9 ECTS |

Semestre 2

| | |
|---|---------|
| - Physical activity, Health and disease 2 | 8 ECTS |
| - Exercice Physiology 2 | 8 ECTS |
| - Research and professionnal Interaction | 4 ECTS |
| - Research and Professional Interaction | 4 ECTS |
| - Internship | 20 ECTS |
| - Internship | 20 ECTS |

Moyenne générale

Semestre 3

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|--|---------|
| - Physical activity, health and disease | 13 ECTS |
| - Physical activity and disease | 9 ECTS |
| - Physical activity and health interventions | 4 ECTS |
| - Research and professional interaction | 6 ECTS |
| - Research and professional interaction | 6 ECTS |
| - Material and methods for exercise and health | 8 ECTS |
| - Material and methods for exercise and health | 8 ECTS |

Semestre 4

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|-----------------------|---------|
| - Project development | 3 ECTS |
| - Project development | 3 ECTS |
| - Internship | 30 ECTS |
| - Internship | 30 ECTS |